

## PDIS - KINDERGARTEN

### From the desk of CEO:

Dear Parents,

Welcome to the November and December issue of PDIS Happenings. We hope you had an enjoyable break with your children. Students' Progress Report cards were handed over at the end of the 1<sup>st</sup> term which helped the teachers and parents to stay focused on student learning goals. We are looking forward to our journey ahead as term II is an exciting and busy time in pre-primary. We have successfully completed events like Annual exhibition, Annual sports meet. December is a month of wonderful Christmas activities. Christmas is a time to give and forgive, celebrated everywhere as a joyous family affair. We too, at school celebrate Christmas as a happy time for our students. As the little ones enter a new level of learning, we wish them all the best and hope to see them smiling every day.

Finally we wish you all a happy and holy Christmas followed by a new year of promise and contentment.

**Thank you,**

**Dr. Vidya Ramgopal.**

### Tulips (Jr. KG)

COUNSELOR'S COLUMN	HEALTH TIPS	UPCOMING CELEBRATIONS
<p><b>Wonderful Holidays</b></p> <p>We all love holiday and wait for it. It gives more fun and enjoyment to us and we can do many activities with our kids....</p> <ol style="list-style-type: none"> <li>1) Reading as a fun: Give them any interesting book with lots of pictures. Let them see the pictures.</li> <li>2) Motivate them to play outdoor games. E.g. Cycling, skating, swimming.</li> <li>3) You can do some experiments with your kid. E.g. cooking, some science experiment or allow them to break their toys to join it again.</li> <li>4) You can plan some activity with your kid. E.g. gardening, craft, writing letter.</li> <li>5) Let them plan something like small family get together, or picnic or pot lunch with friends.</li> <li>6) Let them participate in social activity like cleaning society or society garden, watering plants.</li> </ol> <p>So enjoy your Christmas vacation....</p>	<p><b>Here are tips for getting children to eat healthy food and form wise nutritional habits:</b></p> <ol style="list-style-type: none"> <li>1. Avoid placing restrictions on food as it increases the risk your child may develop eating disorders.</li> <li>2. Keep healthy food at hand. Keep fruits in a bowl on the counter, not buried in the crisper section of your fridge.</li> <li>3. Don't label foods as "good" or "bad." Instead, tie foods to the things your child cares about, such as sports or doing well in school.</li> <li>4. Praise healthy choices. Give your children a proud smile and praise when they choose healthy foods such as fruits, vegetables, whole grains, or low-fat dairy.</li> <li>5. Never use food as a reward. This could create weight problems in later life. Instead, reward your children with something physical and fun activities.</li> <li>6. Sit down to family dinners at night. If this isn't a tradition in your home, make it one.</li> </ol>	<p><b>Important Dates to Remember:</b></p> <p><b>Christmas Vacation:</b> 24<sup>th</sup> December to 1<sup>st</sup> January. School reopens on 2<sup>nd</sup> January 2020.</p> <p><b>Black day &amp; Makar Sankranti celebration on 13<sup>th</sup> January 2020.</b></p> <p>17<sup>th</sup> January, 2020 – <b>Story Telling in English – Enact a story.</b> (Nursery, JR. KG. and SR.KG).</p>

## SCHOOL SYLLABUS FOR THE MONTH OF NOVEMBER AND DECEMBER 2019.

### Numeracy

- Rote counting of numbers from 1 to 60.
- Counting and writing the numbers 1 to 30.
- Draw the objects to the given number up to 20.
- Number names (oral) 1 to 20 and writing ONE TO TEN.
- Concept: Same -Different, Thick-Thin, Far- Near and More-Less.
- Maths activity book pg.no. 10, 11,12,17,42 to 51.

### Personal, Social and Emotional Development

- Parts of a plant.
- Months of the year.
- Traffic signals and its importance.
- Taking care of pet and farm animals.

### Knowledge and Understanding of the World

- Names of common flowers.
- National flower of India.
- Uses of flowers.
- Three seasons.
- Clothes and accessories used in summer, rainy and winter season.
- Festivals of India.
- Types of Animals (Pet, Farm, Wild and Aquatic).
- Shelters of animals.
- Things we get from animals.

### Physical Development

- Body strengthening exercises.
- Straight running.
- Hopping on one leg.

#### **Sports day practice:**

- Running race.
- Theme race.
- Shuttle run.
- Hurdle race.

### Communication , Language and Literacy

#### Writing skill :-

- Revision of Upper case letters 'A' to 'Z'.
- Lowercase letters 'a' to 'z'.
- Writing 'Aa' to 'Zz'.
- My Skill book Pg. no. 43,44,45,46,47,49,50,51,52,53, 55 to 59.61 to 66,69 to 71.

#### Reading skill:-

- Two letter words- 'am', 'an', 'at', 'as', 'in', 'is', 'it', 'if'.

### Creative Development

#### Art and Craft

##### **Drawing:**

- Drawing and coloring the picture of Snowman and Jingle Bells.
- Tracing and coloring picture of the tree with double color shading.

#### Dance

- Sports day drill song Practice.

#### Music

- Practice of bass drum.
- Christmas song with keyboard rhythm.

### **Dear Parents,**

Please note the Home work for Winter Vacation.

#### **English: (CLL)**

1. Read the two letter words.

#### **Maths: (Numeracy):**

1. Write numbers 1 to 30 in note book (3 times).
2. Read number names **ONE** to **TWENTY**. Write number names ONE to TEN (2 times).

### **MERRY CHRISTMAS**



*& Happy New Year*

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